

Every second counts...



medical  
reserve  
corps



Volunteer



## What is the Medical Reserve Corps?

The Eastern Nebraska/Western Iowa Medical Reserve Corps is a group of local health professionals who volunteer to assist their communities during large scale disasters, such as epidemics, bioterrorism or natural disasters. In addition, the MRC provides support to ongoing community health initiatives.

In any disaster, we must depend on each other to get through the first 24-72 hours, pending the Federal Government sending help.

The MRC is an important preparedness function for any community.

## Who Can Volunteer?

A wide range of health professionals are needed to create an effective MRC unit. All that is required is a current license or certificate in your profession.

Practicing or retired medical professionals, including:

- Doctors
- Nurses
- EMTs
- Pharmacists
- Nurse Assistants
- Physician Assistants
- Dentists
- Paramedics
- Mental Health Professionals
- Social Workers
- Psychologists
- Community Responders
- School Counselors
- Clergy / Pastors
- Medical Interpreters
- Veterinarians
- And more!



## What Do MRC Volunteers Do?

**M**RC volunteers will work in coordination with existing local emergency response programs. MRC volunteers will provide the necessary “surge” capacity during the critical 72 hours immediately following a disaster. MRC members may also help their local Public Health Department.

## Volunteer Training

**A**s a MRC volunteer, training opportunities will be available to ensure that you are prepared to respond in an emergency.

**S**ome of the free classes include: disaster basics, first aid, CPR training and certification renewals, bloodborne pathogens, Incident Command & National Incident Management (NIMS), psychological first aid, hands on drills and exercises, and many others.



# Volunteer to Make a Difference

**W**hen you register as an MRC member you become a known and identified professional resource.

**W**hen an emergency happens, instead of wondering “How can I help?” you will know when and where you are needed and what you’re needed to do.

**C**redentials will be furnished prior to an emergency to help avoid the frustration of showing up at an emergency site only to be turned away as another well meaning but unknown volunteer.

**Y**ou’ll resolve, beforehand, all usual concerns about liability, licensing, security, and safety.

**Y**ou’ll learn about local emergency procedures and build on established expertise. You will have the satisfaction of being a part of your community’s preparedness.

**For more info please contact:**

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The Eastern Nebraska/Western Iowa Medical Reserve Corps serves counties in Nebraska and Western Iowa. United Way improves lives by mobilizing the caring power of communities.

